

National Anti Doping Agency Germany (Editor)

# NADA ANNUAL REPORT 2011



National Anti Doping Agency Germany (NADA) (Ed.)

# NADA Annual Report 2011



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## The greatest changes since NADA was established

NADA can look back on the year 2011 as one of far-reaching significance. The reform of the foundation's constitution, with the consequent restructuring and the nomination of the new Executive Board, brought the greatest changes since NADA was established in 2002. According to the new constitution of the foundation, which came into effect in March 2011, the board, whose members had acted – up to then – on an honorary basis, was replaced by a full-time board consisting of two people. NADA is thereby pursuing its goal to strengthen the full-time staff and management and thus to further improve workflow and the decision-making process.

Initially, with effect from 15 March 2011, the Supervisory Board appointed Prof. Martin Nolte as acting chairman before Dr. Andrea Gotzmann took over the chair on 15 September. She had been working as a scientist in the WADA accredited Laboratory for Doping Analysis in Cologne for more than 25 years and now applies her experience on the daily work of NADA.

The legal advisor in chief, Dr. Lars Mortsiefer having already been a member of the Interim Board at Prof. Martin Nolte's side – guaranteed continuity in this time of upheaval. Prof. Martin Nolte continues to support NADA in an honorary capacity on the Supervisory Board and heads the Legal Commission. Similarly heading a commission, the head of the previous Executive Board of NADA remains: Armin Baumert, who was chairman of the Executive Board for many years, continues to contribute in matters relating to the Anti-Doping Testing Program, whilst his former deputy, Dietmar Hiersemann, is active in prevention work.

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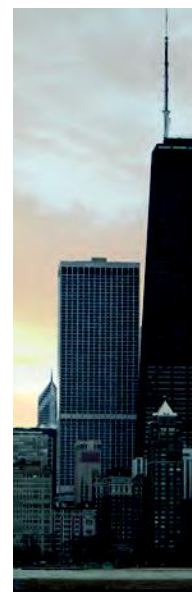
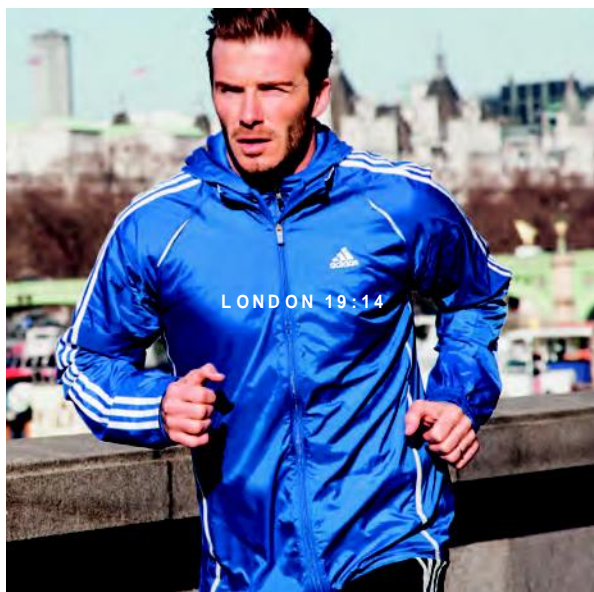
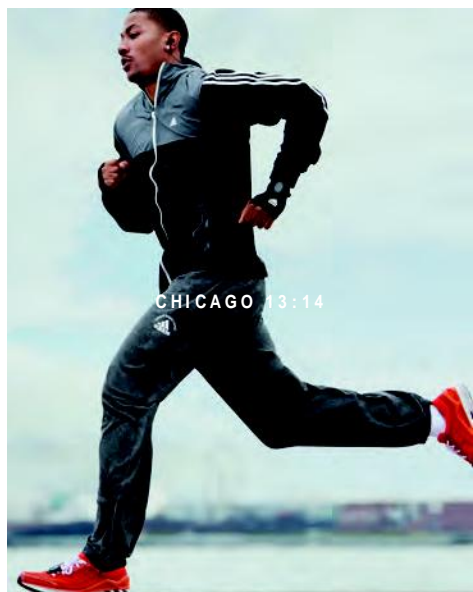


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## The “German model” is being put to the test

2011 was a very eventful year for NADA. Despite the change in personnel and our debut as a two-man Executive Board, we can, after a short period of familiarization and co-ordination, look back favorably on the first months of our work as full-time NADA directors. Nevertheless, we simultaneously see that the assignments facing us in the future will be a great challenge which will have to be tackled to preserve the forward-looking orientation of NADA. The focus of our activities is – and will remain – on efficient anti-doping work with all its different facets, for the good of a clean and fair sport. “Sport without doping” is the uncompromising aim of our work and we are confident we have the majority of athletes on our side.

In the first half of the year already, important steps were taken on the path to continuous expansion of NADA as the competence center for anti-doping work. This included NADA taking charge of results management for three large Olympic sports associations, increasing the number of in-competition controls and constantly developing methods of doping prevention.

One of the first and major assignments of the new Executive Board is securing the funding in the long run. For 2012, the federal government has ensured stability by extending its start-up funding by another year. In-depth work on future plans has now been under way since the autumn of 2011. Germany needs a strong NADA to uphold its credibility at home and in the world. We are a great and successful sporting nation and have a commitment to a serious fight against doping. An ongoing and, above all, projectable funding of the agency is therefore absolutely essential in order to launch innovative projects and ensure professional handling of the steadily increasing number of assignments.

NADA welcomed the call made by the Minister of the Interior Dr. Hans-Peter Friedrich for greater financial support by the federal states and the economy. In this context, the “German model” is being put to the test and the sustainability of the stakeholder model is at risk. Only with balanced funding by politics, sports and the economy NADA can act independently as a civil-law foundation. This was, after all, the basic idea behind the three pillar model when NADA was founded nine years ago. Unlike most other national Anti-Doping Organisations, it is not scheduled to be financed solely from taxpayers’ money.

The main tasks for the future are expanding and steadily optimizing the Anti-Doping Testing Program, establishing the blood passport program and taking on more in-competition tests and results management. Along with a NADA App and an e-learning platform in the field of prevention work, new media channels are scheduled to be included with the aim of efficiently addressing athletes and their personal environment regarding the doping problem and presenting them with solutions. Despite the upheavals in the course of the year, NADA has progressed well in the right direction in all these fields in 2011. Details are given on the pages that follow. We hope you enjoy reading and look forward to working together for a clean and fair sport again in 2012.

Bonn, May 2012

Dr. Andrea Gotzmann  
Chairperson  
of the Executive Board

Dr. Lars Mortsiefer  
Member  
of the Executive Board





# Für Fairness. Gegen Doping.

Sport und Bewegung sind wichtige Faktoren zur Gesunderhaltung und Verbesserung des Gesundheitszustandes. Als Heilberufler sehen die Apotheker es als Teil ihrer gesellschaftlichen Verantwortung, sich im Handlungsfeld Sport und Gesundheit zu engagieren. Aber nicht immer gehen Sport und Gesundheit Hand in Hand. Denn auch im Sport werden Arzneimittel missbräuchlich verwendet, etwa um eine Leistungssteigerung zu erzielen. Insbesondere auf Wettkampfebene wird immer wieder der Missbrauch von Medikamenten zu Dopingzwecken bekannt. Doch auch in Bereichen des Breitensports und in der Fitnessszene ist der Gebrauch von leistungssteigernden Mitteln mittlerweile verbreitet. Die Gesundheitsrisiken dieser Praktiken sind nicht unerheblich. Daher wenden sich die Apotheker und die Nationale Anti-Doping Agentur (NADA) seit 2010 gemeinsam diesem Problem zu. Mit vereinten Kräften wollen wir eine Sensibilisierung für die Herausforderungen schaffen, denen Betroffene, Familien, aber auch das gesellschaftliche und sportliche Umfeld gegenüberstehen. [www.abda.de](http://www.abda.de)







## Course competently set for future fight against doping

As a partner of a clean sport, NADA has been combating doping for 9 years now and has become recognized as the competence center for anti-doping work. To perform its diverse and complex assignments and support the full-time staff, the structure of NADA was altered in 2011 to set the course for the future fight against doping.

The constitution of the foundation, effective since 15th March 2011, stipulates not only structural changes to the Executive Board, since, in the new NADA structure, the former Board of Trustees has merged to the Supervisory Board and assumed the latter's role as a controlling body. Like the Board of Trustees, the nine-strong Supervisory Board is made up of members from the realms of sports, politics and society and elects the Executive Board. The honorary members of the former Executive Board who held office until the reform now contribute their expertise to the different commissions and have been appointed to the Supervisory Board as advisory members without voting rights.

The private-law foundation set up in 2002 as a competence center for combating doping is an independent institution supported jointly by politics, sports and economy based on a stakeholder model. After its formation in 2002, it succeeded in uniting the existing agencies formerly operated by sport and politics on a joint, independent and trustworthy basis. With its "zero tolerance" stand, NADA demonstrates that it is prepared to take up the fight against doping in collaboration with WADA – in the interest of genuinely fair sport and as a reliable and trustworthy partner for all clean athletes.

In 2012, the National Anti Doping Agency Germany is celebrating its 10th anniversary. Thanks to its tireless commitment to the fight against doping, it has also established an enviable international reputation. After receiving an award from WADA as a "benchmark" institution and one of the leading Anti-Doping Organizations worldwide, NADA has, in 2011, made exemplary preparations for the Olympic Games in London. In the year of its anniversary, it will not fail to meet its responsibility as a compliance body and will continue to battle for fairness, tolerance and equality in sport.

As the chairperson of the Supervisory Board, I would like to take this opportunity of extending my warm thanks to NADA's Executive Board and all the agency staff for their focused and competent work. My thanks also go to my colleagues on the Supervisory Board. They have supported the fight against doping and the full-time staff with great responsibility and played a major role in shaping the overall concept. Finally, our stakeholders ought not to be forgotten, along with all the institutions with which we have worked for many years. They too are thanked here for their excellent co-operation over the past year.

Bonn, April 2012

Prof. Hanns Michael Hölz  
Chairperson of the Supervisory Board until April 2012

# Anti-Doping Testing Program

## A year of progress and advancement

Trust is good, but control is better: without doping tests there can be no effective weapons in the struggle to keep sports clean. A succinct explanation of the major importance of the Anti-Doping Testing Program of NADA. Its core mission, under the foundation's by-laws, is to put in place an independent system for effective doping tests inside and outside of the competition environment and its progression and advancement.

The establishment of a harmonized Anti-Doping Testing Program for out-of-competition tests of the national Olympic and non-Olympic federations had already been completed back in 2003; in-competition testing remained within the responsibility of the top-level sport federation. It was not until 2008 that preconditions were created.

### More than 1,000 in-competition tests for the first time

Since then, NADA has been tirelessly pursuing its goals of persuading federations, organizations, leagues and promoters to increasingly place the organization of in-competition tests in NADA's hands. Whereas in 2008, the proportion of in-competition tests organized by NADA was still approximately 4.5 per cent, only four years later the figure had risen to around 20.8 per cent. In 2011, the number of in-competition tests exceeded 1,000 for the first time.

Year	Total number of in-competition tests by NADA	Total number of in-competition tests in Germany
2008	226	4,900*
2009	408	4,878*
2010	849	5,132*
2011	1,056	5,087**

\*Figures taken from the laboratories in Cologne and Dresden

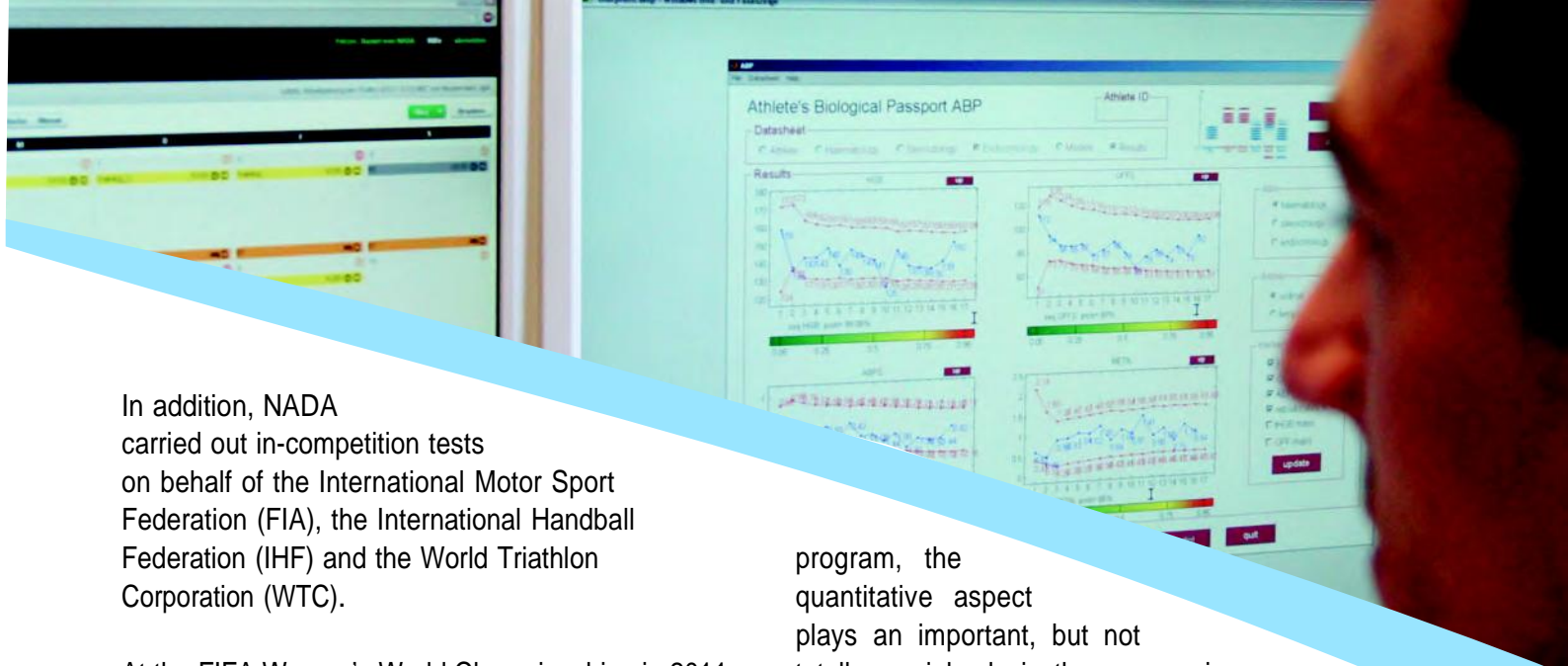
\*\* Figures are based on the information of the federations  
In-competition tests in Germany total

In 2011, NADA conducted in-competition tests on behalf of the following national top-level sport federations:

- German Bobsleigh, Luge, and Skeleton Federation (BSD)
- German Weightlifting Federation (BVDG)
- German Boxing Federation (DBV)
- German Curling Federation (DCV)
- German Golf Federation (DGV)
- German Motor Sports Federation (DMSB)
- German Pétanque Federation (DPV)
- German Weight Triathlon and Tug-of-War Federation (DRTV)
- German Chess Federation (DSB)
- German Ski Federation (DSV)
- German Sports Acrobatics Federation (DSAB)
- German Triathlon Union (DTU)
- German Table-Tennis Federation (DTTB)
- German Taekwondo Union (DTU)
- German Modern Pentathlon Federation (DVMF)
- German Water-Ski and Wakeboard Federation (DWWV)
- German Olympic Committee for Equestrian Sports (DOKR)

New in-competition testing agreements were concluded with the General German University Sports Federation (adh), for which testing services were commenced in 2012, the German Boxing Federation (DBV) and the German Triathlon Union (DTU). Moreover, NADA handles doping tests in the German Handball League HBL (2011: 60 urine samples), the German Ice-Hockey League DEL (2011: 40 urine samples, plus 82 in-competition tests as well), the 2nd Ice-Hockey National League ESHL (2011: 32 urine samples), and since 1st December for the Women's National Handball League HBF (2011: 8 urine samples). Besides 69 out-of-competition tests, NADA additionally carried out 56 in-competition tests for Sauerland Event GmbH (professional boxing). Furthermore NADA conducted in-competition tests at major international sporting events:

- FIBT Bobsleigh & Skeleton World Championships 2011
- 2011 German Open - ITTF Pro Tour
- ITTF 2011 World Team Cup
- European Championships Artistic Gymnastics Berlin 2011
- 2011 European Masters Weightlifting Championships
- Rugby Sevens European Championships 2011
- IPC Swimming European Championships 2011
- EuroHockey Championships Women and Men 2011
- 12th European Deaf Shooting Championships



In addition, NADA carried out in-competition tests on behalf of the International Motor Sport Federation (FIA), the International Handball Federation (IHF) and the World Triathlon Corporation (WTC).

At the FIFA Women's World Championships in 2011, the FIS Alpine Skiing World Championships in 2011, as well as the 2011 IWF World Championships in Paris (weightlifting), NADA acted as an observer.

You will find an overview of the in-competition tests, broken down by sports on page 13.

	Urine	Blood	Total
National Federations	457	200	657
Projectpartner	56	0	56
Leagues	140	0	140
International Federations/ Major international sporting events	195	8	203
<b>Total in-competition tests</b>	<b>848</b>	<b>208</b>	<b>1,056</b>

*In-competition tests listed by institutions*

## Almost 8,000 out-of-competition tests in 2011

Up to and including 2007, NADA conducted about 4,500 out-of-competition tests a year. An approximate doubling of out-of-competition tests since 2008 was important, in view of the particularly high number of top-level athletes in Germany, to make an adequate testing density possible. Since then, the number of tests has maintained a more or less consistently high level. As well, in 2011 NADA again organized almost 8,000 out-of-competition tests.

You will find an overview of the tests carried out on page 12.

While an increase in tests, by reason of the concomitant new acquisitions, is a significant indicator of the progress being made by the in-competition testing

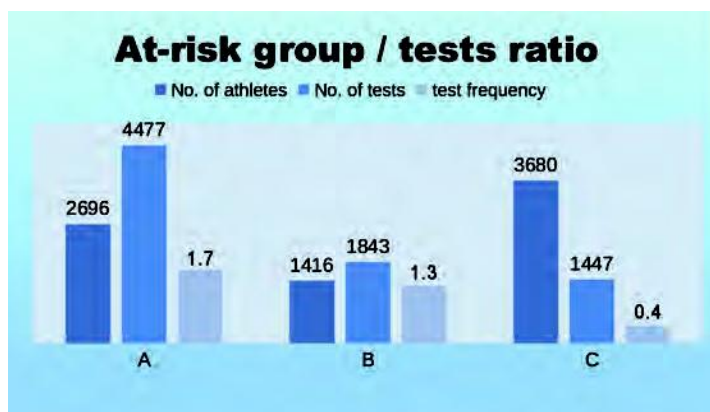
program, the quantitative aspect plays an important, but not totally crucial role in the progressing and advancement of the out-of-competition testing program.

Rather, the strategies for anti-doping measures have to advance along with the continually dynamic doping practices encountered and the new findings obtained. For this reason, the major focus of the Anti-Doping Testing Program in 2011 was on optimizing macro and micro planning.

## Macro and micro planning of tests

In accordance with Article 2 of the National Standard for Testing, each Anti-Doping Organization responsible for conducting doping tests shall develop a plan for the efficient and effective allocation of its testing resources across the different sports. This "test distribution plan" of the Anti-Doping Testing Program, also referred to as (macro planning), is based essentially on two factors:

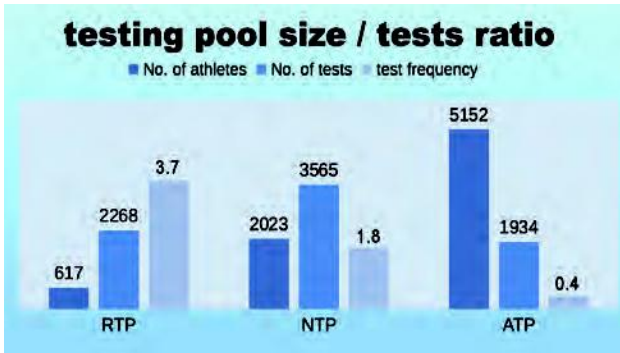
1. Concentration on the top-level athletes, most of them in the RTP;



*Average number of tests per athlete and year*



2. Concentration on the sport disciplines of risk group A. The doping risk is divided into three risk categories: risk group A (high doping risk), risk group B (medium doping risk), and risk group C (low doping risk). Dependent variables for evaluation are the empirical, physiological, financial and medial risks involved.



*Average number of tests per athlete and year*

In the context of macro planning, the funding available in the form of urine and blood samples is distributed among the risk groups and testing pools in accordance with the weighting involved.

When it comes to micro-planning, i.e. planning of a control, individual factors, such as enormous sudden improvements in performance, abnormalities in the blood or steroid profile, the training and competition periodization, all of these can be crucial for planning a test. Furthermore, even before planning a test, it may be necessary to decide upon the following details:

1. Decision about additional analyses
2. Calculation of time for sending the sample to an accredited laboratory
3. Decision of additional samples for the assessment of the blood profile
4. Decision of point of time for samples taking in order to enable a particular substance to be evidenced

The increasing individualization of the testing service entails a high financial outlay, which comes at the expense of quantity. This trend, however, is indispensable in order to cope with the ongoing international developments when it comes to planning out-of-competition tests.

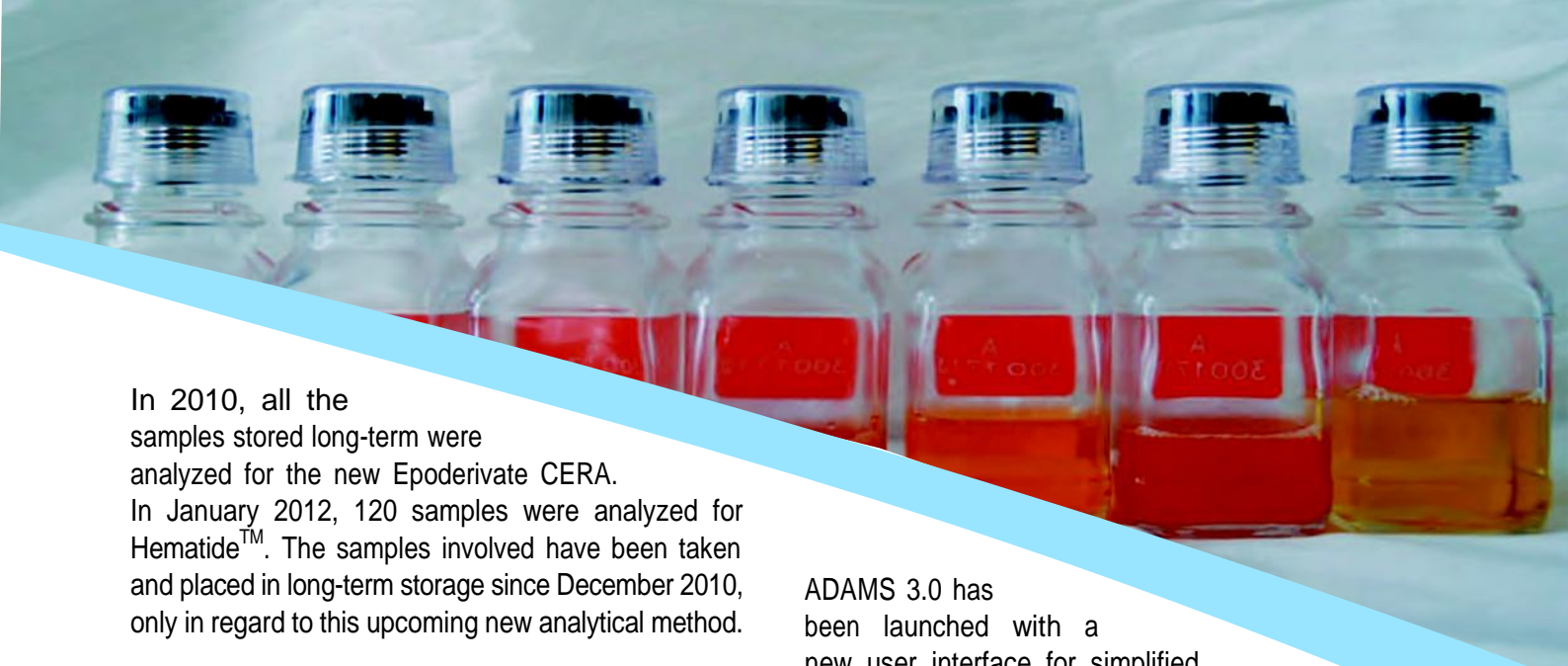
**Strong partners**

With the two German laboratories, the Institute of Biochemistry at the German Sport University in Cologne, and the Institute for Doping Analytics and Sport Biochemistry in Dresden, NADA can draw upon the assistance of competent and dependable partners. They belong to the total of 33 WADA laboratories accredited worldwide and play a key role in the battle against doping. They lead the way in terms of research and analytics, and, not least, they investigate urine and blood samples taken on behalf of NADA. NADA benefits here from the unremitting commitment of the laboratories to sharing the findings they gain with NADA and to making a crucial contribution towards progressing and advancing the Anti-Doping Testing Program.

This close cooperation was vividly exemplified in 2011 by the worldwide warning against unintended doping through Clenbuterol. This warning, based in the findings obtained in Cologne, prevented a doping scandal at the U17 football world championships in Mexico. Fortunately, it put the positive test results there in a different light, and the players' innocence could be demonstrated. The warning was triggered by examinations on travelers to China and Mexico, where NADA's doping tests had revealed unusual results. The studies evidenced traces of Clenbuterol among the travelers, most likely attributable to contaminated foods. With a probability bordering on certainty the cause was identified as misuse of Clenbuterol as a growth accelerator in cattle breeding. NADA immediately publicized the potential danger on both a national and international level, and warned athletes and Anti-Doping Organizations as well as international specialized sport federations against unintended doping. The local government agencies were also informed of the problems involved.

In the battle against doping it is also vital to research new verification procedures and promptly pass on the information to the Anti-Doping Testing Program. In conjunction with the laboratories, for example, NADA systematically took samples and transferred them to long-term storage several times, in order to subsequently have them (re-)analyzed with newly researched and accredited analytical methods. This was done in 2004 with a new detection procedure for the designer steroid THG (Tetrahydrogestrinon); in 2009, the laboratories analyzed all long-termed stored samples for the growth factor HGH (Human Growth Hormone).





In 2010, all the samples stored long-term were analyzed for the new Epoderivate CERA. In January 2012, 120 samples were analyzed for Hematide™. The samples involved have been taken and placed in long-term storage since December 2010, only in regard to this upcoming new analytical method.

The international importance of German laboratories continues to rise. For instance, following the closure of the laboratory in Prague, Institute for Doping Analytics and Sport Biochemistry in Dresden will be examining the samples previously analyzed there in the future.

In addition, the laboratories are tasked with analyses of samples from other Anti-Doping Organizations and International Federations, which have led to the conviction of numerous international top-level athletes. Moreover, for the first time worldwide, it was proven that a tester had been guilty of manipulation by dispatching her own urine for analysis.

### Focus for 2012

The progress and advancement of the entire program will continue to be a paramount goal in the Anti-Doping Testing Program in 2012.

The aim is to have this increasingly handled by the newly established Anti-Doping Testing Program Commission, headed by Armin Baumert. With their specialized knowledge, experts from the sporting and academic communities are involved in mapping out the strategic thrust of the Anti-Doping Testing Program.

The introduction of the "Athlete Biological Passport" has progressed in conjunction with the WADA. For example, the management unit requested for the blood passport program has been set up along with a body of experts for final assessment of nonconforming blood profiles. Steroid profiles have been interpreted by the laboratories ever since 2008 within the framework of the T/E procedure (testosterone/epitestosterone quotient). Here, too, expansion is conceivable in the years ahead.

ADAMS 3.0 has been launched with a new user interface for simplified handling. For this purpose, NADA has organized advance familiarization events at the Olympic Training Centers, and translated the operating manuals and the documents in which all changes are grouped together. These are available for downloading on NADA's website. Approximately 2,500 top-level athletes enter their whereabouts in ADAMS. The closely meshed network serves as a deterrent, and plays a pioneering role on an international comparison.

NADA has, moreover, sharpened its focus for 2012. One year before the Olympic Summer Games in London, all potential participants have to be registered in NADA's NTP. In July 2011, 500 future prospects were additionally included in the NTP, and have since then been subject to the doping tests of the Anti-Doping Testing Program.

The German model of the Anti-Doping Testing Program is a dense network of micro-planning, analysis and continuous optimization of processes based on the latest experiences and insights. The German system is also internationally important. It is giving groundbreaking impulses and is often taken as example. The wide acceptance of the model among athletes, doping experts and scientist is as well as the small number of positive cases confirming the previous work.

Commission Anti-Doping Testing Program:  
Chair: Armin Baumert  
Christian Breuer  
Dr. Hans Geyer  
Joachim Große  
Prof. Dr. Andreas Hohmann  
Prof. Dr. Wilfried Kindermann  
Volker Laakmann

SPORT	Tests total	Urine total	Blood total
American Football	80	80	
Badminton	25	25	
Base- and Softball	77	77	
Basketball	113	113	
Disabled sports	121	120	1
Bobsleigh	140	140	
Boxing	126	103	23
Curling	17	17	
Speed Skating (and Shorttrack)	281	206	75
Icehockey	276	276	
Figure skating	29	29	
Fencing	48	48	
Fieldhockey	143	143	
Football	499	499	
Deaf sport	42	42	
Weightlifting	174	126	48
Golf	16	16	
Handball	133	133	
Judo	45	45	
Ju-Jitsu	47	47	
Canoeing	540	460	80
Karate	29	29	
Ninepin	84	84	
Powerlifting	21	20	1
Athletics	1,027	849	178
Minigolf	23	23	
Modern Pentathlon	23	23	
Cycling	429	246	183
Weight Triathlon (and Tug-of-War)	31	31	
Equestrian Sport	34	34	
Lifesaving/Lifeguard Sport	28	28	
Wrestling	36	36	
Roller Sport	44	44	
Rowing	638	469	169
Rugby	156	156	
Shooting	51	51	
Swimming	526	388	138
Sailing	29	29	
Skiing	468	306	162
Snowboarding	12	12	
Sport Acrobatics	24	24	
Scuba diving	8	8	
Squash	10	10	
Taekwondo	30	30	
Ballroom Dancing	61	61	
Tennis	12	12	
Table Tennis	19	19	
Triathlon	731	552	179
Gymnastics	83	83	
Volleyball	104	104	
Waterskiing and Wakeboard	24	24	
<b>Total</b>	<b>7,767</b>	<b>6,530</b>	<b>1,237</b>

*Out-of-competition tests 2011*

SPORT	Tests total	Urine total	Blood total
American Football	18	18	
Badminton	20	20	
Base- and Softball	20	20	
Basketball	146	146	
Disabled sport	150	140	10
Mountaineering	8	8	
Bobsleigh	9	9	
Billard	20	20	
Boxing	100	100	
Curling	6	6	
Icehockey	72	72	
Figure Skating	8	8	
Speed Skating (and Shorttrack)	145	145	
Ice Stock Sport	21	21	
Fencing	24	24	
Football	1,659	1,659	
Deaf Sport	18	18	
Weightlifting	44	44	
Golf	20	20	
Handball	68	68	
Fieldhockey	60	60	
Judo	42	42	
Ju-Juitsu	5	5	
Canoeing	197	197	
Karate	20	20	
Ninepin	9	9	
Powerlifting	122	122	
Athletics	426	414	12
Air Sport	10	10	
Minigolf	19	19	
Modern Pentathlon	3	3	
Motorsport	28	28	
Pétanque	12	12	
Cycling	404	382	22
Weight Triathlon (and Tug-of-War)	10	10	
Equestrian Sport	18	18	
Lifesaving/ Lifeguard Sport	18	18	
Wrestling	142	142	
Roller Sport	31	31	
Rowing	45	45	
Rugby	12	12	
Chess	12	12	
Shooting	197	197	
Swimming	147	147	

SPORT	Tests total	Urine total	Blood total
Sailing	6	6	
Skiing	80	80	
Snowboarding	6	6	
Sport Acrobatics	6	6	
Scuba Diving	49	49	
Squash	16	16	
Taekwondo	6	6	
Ballroom Dancing	60	60	
Tennis	32	32	
Table Tennis	42	42	
Triathlon	101	101	
Gymnastics	36	36	
Volleyball	24	24	
Waterskiing and Wakeboard	6	6	
<b>Federations with Specials Tasks</b>			
General German University Sports Federation	22	22	
DJK-Sportfederation	30	30	
<b>Total</b>	<b>5,087</b>	<b>5,043</b>	<b>44</b>

Figures are based on the information of the federations

## Legal Matters

### From a single source

NADA's legal department does not only deal with the implementation of the WADA Code in Germany but also with all legal issues affecting the fight against doping.

#### Task Force

In 2011, NADA was restructured in order to improve the effectiveness of its investigative work (results management). One goal was to achieve a tighter network between the individual NADA divisions and between NADAs divisions and external organizations. To this end, NADA established its so-called task force at the beginning of 2011. The task force unites sports scientists, medical experts and legal advisors of NADA with the doping researchers of the WADA accredited laboratories in Cologne and Kreischa and governmental investigative agencies. The purpose of this still young task force is to collate and evaluate indications, circumstantial evidence and signs of the possible violation of anti-doping provisions more systematically and specifically. The task force is guided by international models such as the UK Anti-Doping "Intelligence Unit" and the Australian Anti-Doping Organization (ASADA).



*Dr. Lars Mortsiefer explains the composition of the task force (Photo: akphotographie)*

#### From a single source

Since the end of 2010, NADA has been offering all sport federations the possibility of transferring their results management and sanctioning procedures to NADA. With its offer to assume the entire investigative work in suspicious cases, NADA is proceeding on the basis of the results management initiated in a pilot project back in 2009 with the German Ice Hockey Associations (DEB, EDL and

ESBG) in a single undertaking, under the aegis of NADA. The General German University Sports Federation (adh) and the Association of German Cyclists (BDR) followed at the end of 2010 and the beginning of 2011, respectively. In the middle of 2011, the German Ice Speed Skating Association (DESG), the German Athletics Federation (DLV) and other Olympic sports federations instructed NADA to take over the work.

NADAs strategy depends on having investigations and sanctions carried out by independent bodies. For the associations and federations, a significant advantage of the transfer of results management is that the liability risk is also transferred to NADA. Their first "own" proceedings were already carried out in 2011.

#### Data protection

The NADA Code (NADC) obliges athletes to submit considerable amounts of personal data to the Anti-Doping Organizations. For this reason it is vital that the Anti-Doping Organizations protect the personal data they collect, thereby fulfill the requirements of the relevant data protection law, and thus permanently uphold the responsibility of the persons involved in organized sport. Data protection is a central item on NADA's agenda and is regularly a subject of discussion in continual exchange with the relevant authorities, athletes and associations.

#### WADA Code revision (2013/2015)

The process of revising the WADA Code was initiated in 2011. Proposals can be made to change the Code, divided into three so-called consultation phases. In 2011, the first proposals were presented by NADA at a conference of the European Commission. In



# NATIONALER ANTI DOPING CODE

NADA's view, the protection of minors is an important matter which must be considered in the next revision of the Code. The first consultation phase started in January 2012 and NADA's Legal Commission is being involved. The revised version of the WADA Code will be made public for the first time in 2013 at the fourth World Conference on Doping in Johannesburg. It is scheduled to be implemented in the individual countries in 2014 and to become effective in 2015.

## 362 Failures

The number of incidences of failing to disclose the whereabouts and missing tests is comparable to that of the previous year. 750 written hearings were carried out in regard of athletes who were in the NTP or RTP in 2011, 362 of which led to sanctions for failing to disclose their whereabouts or missing tests.

## 86 Violations

In 2011, proceedings were instituted concerning of 86 tests on the grounds of possible violation of anti-doping rules.

Out of 14 proceedings regarding out-of-competition testing, four cases concerned the presence of a prohibited substance, in which there was a valid therapeutic use exemption in one case and there was no violation in another. Additionally, testing was refused in eight cases. However, in four cases there was no violation of anti-doping rules. Moreover, there were also two cases of the use of a prohibited method/substance, out of which one was not considered to be a violation of anti-doping rules.

In 66 proceedings regarding of in-competition testing, 57 concerned the presence of prohibited substances. 13 cases did not represent any violation of anti-doping rules and in five cases there was a therapeutic use exemption.

In addition, there was one case involving the (attempted) use of a prohibited substance and eight refusals.

Furthermore, the use of a prohibited method/substance was investigated in three cases which were not attributable to the positive result of analysis.

Apart from the aforementioned cases, three proceedings were initiated in 2011 on the grounds of missed tests and/or failure to disclose whereabouts within a period of 18 months. Altogether, under the aegis of the NADA, eight proceedings were pursued on the grounds of violation of anti-doping rules, including results management and disciplinary procedures.

## 26 charges

Since the beginning of 2011, NADA has also been forcing Article 14.2 NADC which states that reports have to be made to public investigative. In 2011, NADA brought a total of 26 charges before the responsible district attorneys for possible violations of anti-doping rules. The charges name "persons unknown," their purpose being to enable investigations to be carried out against the people behind the scenes and organized structures.

The responsible district attorneys dismissed the proceedings in nine cases for lack of strong suspicion as defined under § 170 para. 2 Code of Criminal Procedure (StPO). To date no charge has been pursued. 17 investigations are still under way.

Commission Legal Matters  
The Commission Legal Matters was newly constituted in 2011/2012

Federations (German)	Federations (English)	Violation	Responsibility
American Football Verband Deutschland e. V.	German Federation of American Football	2.3 NADC - Refusing or failing to submit to sample collection	
American Football Verband Deutschland e. V.	German Federation of American Football	2.1 NADC - Presence of a prohibited substance	
American Football Verband Deutschland e. V.	German Federation of American Football	2.1 NADC - Presence of a prohibited substance	
American Football Verband Deutschland e. V.	German Federation of American Football	2.1 NADC - Presence of a prohibited substance	
American Football Verband Deutschland e. V.	German Federation of American Football	2.1 NADC - Presence of a prohibited substance	
Bund Deutscher Berufsboxer	German Professional Boxing League	2.1 NADC - Presence of a prohibited substance	International
Bund Deutscher Berufsboxer	German Professional Boxing League	2.1 NADC - Presence of a prohibited substance	International
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.3 NADC - Refusing or failing to submit to sample collection	
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.2 NADC - (Attempted) Use of a prohibited substance/method	
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.1 NADC - Presence of a prohibited substance	
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.1 NADC - Presence of a prohibited substance	
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.1 NADC - Presence of a prohibited substance	
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.1 NADC - Presence of a prohibited substance	
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.1 NADC - Presence of a prohibited substance	
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.1 NADC - Presence of a prohibited substance	
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.1 NADC - Presence of a prohibited substance	
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.1 NADC - Presence of a prohibited substance	
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.2 NADC - (Attempted) Use of a prohibited substance/method	
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.1 NADC - Presence of a prohibited substance	
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.1 NADC - Presence of a prohibited substance	
Bund Deutscher Radfahrer e. V.	German Cycling Federation	2.4. NADC - Failure to file whereabouts information/missed test	
Bundesverband Deutscher Gewichtheber e. V.	German Weightlifting Federation	2.1 NADC - Presence of a prohibited substance	
Bundesverband Deutscher Gewichtheber e. V.	German Weightlifting Federation	2.1 NADC - Presence of a prohibited substance	
Bundesverband Deutscher Gewichtheber e. V.	German Weightlifting Federation	2.1 NADC - Presence of a prohibited substance	
Bundesverband Deutscher Gewichtheber e. V.	German Weightlifting Federation	2.1 NADC - Presence of a prohibited substance	
Bundesverband Deutscher Kraftdreikämpfer e. V.	German Powerlifting Federation	2.3 NADC - Refusing or failing to submit to sample collection	
Bundesverband Deutscher Kraftdreikämpfer e. V.	German Powerlifting Federation	2.3 NADC - Refusing or failing to submit to sample collection	
Bundesverband Deutscher Kraftdreikämpfer e. V.	German Powerlifting Federation	2.1 NADC - Presence of a prohibited substance	
Bundesverband Deutscher Kraftdreikämpfer e. V.	German Powerlifting Federation	2.1 NADC - Presence of a prohibited substance	
Bundesverband Deutscher Kraftdreikämpfer e. V.	German Powerlifting Federation	2.3 NADC - Refusing or failing to submit to sample collection	
Bundesverband Deutscher Kraftdreikämpfer e. V.	German Powerlifting Federation	2.1 NADC - Presence of a prohibited substance	
Bundesverband Deutscher Kraftdreikämpfer e. V.	German Powerlifting Federation	2.3 NADC - Refusing or failing to submit to sample collection	
Bundesverband Deutscher Kraftdreikämpfer e. V.	German Powerlifting Federation	2.1 NADC - Presence of a prohibited substance	
Bundesverband Deutscher Kraftdreikämpfer e. V.	German Powerlifting Federation	2.1 NADC - Presence of a prohibited substance	
Bundesverband Deutscher Kraftdreikämpfer e. V.	German Powerlifting Federation	2.1 NADC - Presence of a prohibited substance	
Bundesverband Deutscher Kraftdreikämpfer e. V.	German Powerlifting Federation	2.1 NADC - Presence of a prohibited substance	
Deutscher Armwrestling Verband	German Armwrestling Federation	2.1 NADC - Presence of a prohibited substance	
Deutscher Basketball Bund e. V.	German Basketball Federation	2.1 NADC - Presence of a prohibited substance	International
Deutscher Basketball Bund e. V.	German Basketball Federation	2.1 NADC - Presence of a prohibited substance	International
Deutscher Basketball Bund e. V.	German Basketball Federation	2.2 NADC - (Attempted) Use of a prohibited substance/method	International
Deutscher Behindertensportverband e. V.	National Paralympic Committee Germany	2.1 NADC - Presence of a prohibited substance	
Deutscher Behindertensportverband e. V.	National Paralympic Committee Germany	2.1 NADC - Presence of a prohibited substance	
Deutscher Behindertensportverband e. V.	National Paralympic Committee Germany	2.3 NADC - Refusing or failing to submit to sample collection	
Deutscher Behindertensportverband e. V.	National Paralympic Committee Germany	2.1 NADC - Presence of a prohibited substance	

	Date of testing	Type of testing	Substance	Sanction	Criminal complaint filed by
	Apr 2011	Out-of-competition		Ineligibility (2 years)	
	Sep 2011	In-competition	Metandienone (S1 – Anabolic agents); Methylhexanamine (S6 – Stimulants)	Financial sanction; ineligibility (2 years)	NADA
	Sep 2011	In-competition	Methylhexanamine (S6 – Stimulants)	Financial sanction; ineligibility (2 years)	
	Jun 2011	Out-of-competition	Hydrochlorothiazide (S5 – Diuretics and other masking agents)	No anti-doping-rule violation	
	Sep 2011	In-competition	Hydrochlorothiazide (S5 – Diuretics and other masking agents)	No anti-doping-rule violation	
	Jul 2011	In-competition	Ephedrine (S6 – Stimulants)	Ineligibility (2 years)	NADA
	Oct 2011	In-competition	Cathine (S6 – Stimulants); Pseudoephedrine (S6 – Stimulants)	Referral to WADA	
	Aug 2011	In-competition		Pending	
		Other		No anti-doping-rule violation	
	Jun 2011	In-competition	Ephedrine (S6 – Stimulants)	Pending	NADA
	Jun 2011	In-competition	Methylphenidate (S6 – Stimulants)	TUE (NADA)	
	Mar 2011	In-competition	Testosterone/Epitestosterone (S1 – Anabolic agents)	Second violation DBS	NADA
	Apr 2011	In-competition	Testosterone/Epitestosterone (S1 – Anabolic agents)	Financial sanction; ineligibility (2 years)	NADA
	Oct 2011	In-competition	3 $\alpha$ -hydroxy-5 $\alpha$ -androstan-17-one (S1 – Anabolic agents)	Pending	NADA
	Sep 2011	In-competition	Methylhexanamine (S6 – Stimulants)	Pending	
	Feb 2011	In-competition	HGH (S2 – Hormones and related substances)	Pending	NADA
		Other		Pending	
	Jul 2011	In-competition	Testosterone/Epitestosterone (S1 – Anabolic agents)	Pending	NADA
	Jul 2011	In-competition	Hydrochlorothiazide (S5 – Diuretics and other masking agents)	No anti-doping-rule violation	
	Sep 2010	Other		Financial sanction; ineligibility (1 year)	
	Apr 2011	In-competition	Metandienone (S1 – Anabolic agents)	Financial sanction; ineligibility (2 years)	NADA
	Apr 2011	In-competition	Metandienone (S1 – Anabolic agents)	Financial sanction; ineligibility (2 years)	NADA
	Apr 2011	In-competition	Metandienone (S1 – Anabolic agents); Testosterone/Epitestosterone (S1 – Anabolic agents)	Financial sanction; ineligibility (2 years)	NADA
	Oct 2011	In-competition	Hydrochlorothiazide (S5 – Diuretics and other masking agents)	Ineligibility (2 years)	
	Oct 2010	In-competition		Financial sanction; ineligibility (2 years)	
	Dec 2011	In-competition		Pending	
	Oct 2011	In-competition	Metandienone (S1 – Anabolic agents)	Pending	NADA
	Jun 2011	In-competition	Testosterone/Epitestosterone (S1 – Anabolic agents)	Financial sanction; ineligibility (2 years)	NADA
	Oct 2010	In-competition		Financial sanction; ineligibility (2 years)	
	Nov 2010	In-competition	Boldenone (S1 – Anabolic agents)	Financial sanction; ineligibility (2 years)	
	Oct 2010	In-competition		Financial sanction; ineligibility (2 years)	
	Sep 2011	In-competition	Methylhexanamine (S6 - Stimulants)	Pending	NADA
	Nov 2011	In-competition	Metandienone (S1 – Anabolic agents); Norandrosterone (S1 – Anabolic agents); Testosterone/Epitestosterone (S1 – Anabolic agents)	Pending	NADA
	Oct 2011	In-competition	Methylhexanamine (S6 – Stimulants)	Pending	
	Jan 2011	In-competition	Metandienone (S1 – Anabolic agents)	Financial sanction; ineligibility	NADA
	Apr 2011	In-competition	Stanozolol (S1 – Anabolic agents)	Ineligibility	NADA
	Dec 2011	In-competition	Prednisolone (S9 – Glucocorticosteroids)	No anti-doping-rule violation	
	Dec 2010	In-competition	Carboxy-THC (S8 – Cannabinoids)	Ineligibility (9 months)	
	Dec 2011	In-competition		Pending	
	Mar 2011	In-competition	Hydrochlorothiazide (S5 – Diuretics and other masking agents)	No anti-doping-rule violation	
	Feb 2011	Out-of-competition	Testosterone/Epitestosterone (S1 – Anabolic agents)	Ineligibility (2 years)	NADA
	Mar 2011	Out-of-competition			
	Sep 2011	In-competition	Hydrochlorothiazide (S5 – Diuretics and other masking agents)	No anti-doping-rule violation	

Federations (German)	Federations (English)	Violation	Responsibility
Deutscher Behindertensportverband e. V.	National Paralympic Committee Germany	2.1 NADC - Presence of a prohibited substance	
Deutscher Behindertensportverband e. V.	National Paralympic Committee Germany	2.1 NADC - Presence of a prohibited substance	
Deutscher Behindertensportverband e. V.	National Paralympic Committee Germany	2.1 NADC - Presence of a prohibited substance	
Deutscher Behindertensportverband e. V.	National Paralympic Committee Germany	2.1 NADC - Presence of a prohibited substance	
Deutscher Behindertensportverband e. V.	National Paralympic Committee Germany	2.1 NADC - Presence of a prohibited substance	
Deutscher Behindertensportverband e. V.	National Paralympic Committee Germany	2.1 NADC - Presence of a prohibited substance	
Deutscher Behindertensportverband e. V.	National Paralympic Committee Germany	2.1 NADC - Presence of a prohibited substance	
Deutscher Baseball und Softball Verband e. V.	German Baseball and Softball Federation	2.4. NADC - Failure to file whereabouts information/missed test	
Deutscher Baseball und Softball Verband e. V.	German Baseball and Softball Federation	2.1 NADC - Presence of a prohibited substance	
Deutscher Baseball und Softball Verband e. V.	German Baseball and Softball Federation	2.1 NADC - Presence of a prohibited substance	
Deutscher Boxsport-Verband e. V.	German Boxing Federation	2.1 NADC - Presence of a prohibited substance	International
Deutscher Boxsport-Verband e. V.	German Boxing Federation	2.1 NADC - Presence of a prohibited substance	
Deutsche Eisschnelllauf-Gemeinschaft e. V.	German Skating Association	2.3 NADC - Refusing or failing to submit to sample collection	
Deutsche Eisschnelllauf-Gemeinschaft e. V.	German Skating Association	2.3 NADC - Refusing or failing to submit to sample collection	
Deutsche Eisschnelllauf-Gemeinschaft e. V.	German Skating Association	2.2 NADC - (Attempted) Use of a prohibited substance/method	
Deutscher Fußball-Bund e. V.	German Football Association	2.1 NADC - Presence of a prohibited substance	
Deutscher Fußball-Bund e. V.	German Football Association	2.1 NADC - Presence of a prohibited substance	
Deutscher Hockey-Bund e. V.	German Hockey Association	2.1 NADC - Presence of a prohibited substance	
Deutsche Jugendkraft Sportverband e.V.	German Youth Sport Association	2.1 NADC - Presence of a prohibited substance	
Deutscher Kanu-Verband e. V.	German Canoe Association	2.1 NADC - Presence of a prohibited substance	International
Deutscher Kanu-Verband e. V.	German Canoe Association	2.3 NADC - Refusing or failing to submit to sample collection	
Deutscher Karate Verband e. V.	German Karate Federation	2.1 NADC - Presence of a prohibited substance	
Deutscher Leichtathletik-Verband	German Athletics Federation	2.2 NADC - (Attempted) Use of a prohibited substance/method	
Deutscher Leichtathletik-Verband	German Athletics Federation	2.4. NADC - Failure to file whereabouts information/missed test	
Deutscher Motor Sport Bund e.V.	German Motor Sports Federation	2.1 NADC - Presence of a prohibited substance	
Deutscher Motor Sport Bund e.V.	German Motor Sports Federation	2.1 NADC - Presence of a prohibited substance	International
Deutscher Rollsport und Inline Verband e. V.	German Roller Skating Federation	2.1 NADC - Presence of a prohibited substance	International
Deutscher Ruderverband e. V.	German Rowing Federation	2.3 NADC - Refusing or failing to submit to sample collection	
Deutscher Ruderverband e. V.	German Rowing Federation	2.2 NADC - (Attempted) Use of a prohibited substance/method	
Deutscher Ruderverband e. V.	German Rowing Federation	2.3 NADC - Refusing or failing to submit to sample collection	
Deutscher Schützenbund e. V.	German Shooting Federation	2.1 NADC - Presence of a prohibited substance	
Deutscher Squash Verband e. V.	German Squash Federation	2.1 NADC - Presence of a prohibited substance	International
Deutscher Squash Verband e. V.	German Squash Federation	2.1 NADC - Presence of a prohibited substance	
Deutscher Segler-Verband e. V.	German Sailing Federation	2.3 NADC - Refusing or failing to submit to sample collection	
Deutscher Tischtennis-Bund e. V.	German Table-Tennis Federation	2.1 NADC - Presence of a prohibited substance	
Deutsche Triathlon Union e. V.	German Triathlon Federation	2.3 NADC - Refusing or failing to submit to sample collection	International
Deutsche Triathlon Union e. V.	German Triathlon Federation	2.3 NADC - Refusing or failing to submit to sample collection	
Deutscher Tanzsportverband e. V.	German Dancesport Association	2.1 NADC - Presence of a prohibited substance	International
European Masters Weightlifting Committee	European Masters Weightlifting Committee	2.1 NADC - Presence of a prohibited substance	International
European Masters Weightlifting Committee	European Masters Weightlifting Committee	2.1 NADC - Presence of a prohibited substance	International
European Masters Weightlifting Committee	European Masters Weightlifting Committee	2.1 NADC - Presence of a prohibited substance	International
German Boxing Association e.V.	German Boxing Association	2.1 NADC - Presence of a prohibited substance	International
German Boxing Association e.V.	German Boxing Association	2.3 and 2.5 NADC - Refusing or failing to submit to sample collection or tampering with doping control	International



	Date of testing	Type of testing	Substance	Sanction	Criminal complaint filed by
	Jun 2011	In-competition	Metoprolol (P2 – Beta-Blockers)	No anti-doping-rule violation	
	Jun 2011	In-competition	Hydrochlorothiazide (S5 – Diuretics and other masking agents)	No anti-doping-rule violation	
	Jun 2011	In-competition	Bisoprolol (P2 – Beta-Blockers)	No anti-doping-rule violation	
	Jun 2011	In-competition	Bisoprolol (P2 – Beta-Blockers); Hydrochlorothiazide (S5 – Diuretics and other masking agents)	No anti-doping-rule violation	
	Jul 2011	Out-of-competition	Hydrochlorothiazide (S5 – Diuretics and other masking agents)	Warning	
	Apr 2011	In-competition	Testosterone/Epitestosterone (S1 – Anabolic agents)	No anti-doping-rule violation; TUE (NADA)	
	Apr 2011	In-competition	Hydrochlorothiazide (S5 – Diuretics and other masking agents)	No anti-doping-rule violation	
	Mar 2011	Other		Ineligibility (1 year)	
	Jun 2011	In-competition	Carboxy-THC (S8 – Cannabinoids)	Ineligibility (5 months)	
	Jun 2011	In-competition	Carboxy-THC (S8 – Cannabinoids)	No anti-doping-rule violation	
	Dec 2011	In-competition	Furosemide (S5 – Diuretics and other masking agents)	Ineligibility (18 month)	
	Aug 2011	In-competition	Furosemide (S5 – Diuretics and other masking agents)	Ineligibility (1 year)	
	Dec 2011	Out-of-competition		No anti-doping-rule violation	
	Dec 2011	Out-of-competition		No anti-doping-rule violation	
	Jun 2011	Other		Pending	
	Jul 2011	In-competition	Triamcinolone acetonide (S9 – Glucocorticosteroids)	No anti-doping-rule violation	
	Oct 2011	In-competition	Testosterone/Epitestosterone (S1 – Anabolic agents)	TUE	
	Jun 2011	In-competition	Budesonide (S9 – Glucocorticosteroids); Prednisolone (S9 – Glucocorticosteroids)	TUE (NADA)	
	Feb 2011	In-competition	Clenbuterol (S1 – Anabolic agents)	Ineligibility (2 years)	
	May 2011	In-competition	Metandienone (S1 – Anabolic agents)	Ineligibility (2 years)	NADA
	Dec 2011	Out-of-competition		Pending	
	Mar 2011	In-competition	Carboxy-THC (S8 – Cannabinoids)	Ineligibility (6 months)	
	May 2011	Out-of-competition		No anti-doping-rule violation	
	Oct 2011	Other		No anti-doping-rule violation	
	Oct 2011	In-competition	Metandienone (S1 - Anabolic agents); Testosterone/Epitestosterone (S1 - Anabolic agents); Trenbolone (S1 - Anabolic agents)	Ineligibility (2 years)	NADA
	Sep 2011	In-competition	Carboxy-THC (S8 - Cannabinoids)	Ineligibility (1 year)	
	Jun 2011	In-competition	Boldenone (S1 - Anabolic agents)	Referral to WADA	NADA
	Dec 2011	Out-of-competition		Pending	
	Apr 2011	Out-of-competition		Pending	
	Nov 2011	Out-of-competition		No anti-doping-rule violation	
	Aug 2011	In-competition	Furosemide (S5 - Diuretics and other masking agents)	Financial sanction; Warning	
	Aug 2011	In-competition	Carboxy-THC (S8 - Cannabinoids)	Referral to WADA	
	Sep 2011	Out-of-competition	Tamoxifen (S4 - Hormone antagonists and modulators)	TUE (NADA)	
	Dec 2011	Out-of-competition		No anti-doping-rule violation	
	Nov 2011	In-competition	Budesonide (S9 - Glucocorticosteroids); Prednisolone (S9 - Glucocorticosteroids)	No anti-doping-rule violation	
	Jul 2011	In-competition		Referral to WADA	
	Jul 2011	In-competition		Ineligibility (1 year)	
	Aug 2011	In-competition	Salbutamol (S3 - Beta-2-Agonists)	TUE (NF)	
	Jun 2011	In-competition	Drostanolone (S1 - Anabolic agents)	Ineligibility (2 years)	NADA
	May 2011	In-competition	Metandienone (S1 - Anabolic agents)	Ineligibility (2 years)	NADA
	May 2011	In-competition	Norandrosterone (S1 - Anabolic agents)	Ineligibility (2 years)	NADA
	May 2011	In-competition	Carboxy-THC (S8 - Cannabinoids)	Ineligibility (2 years)	
	Mar 2011	In-competition		Ineligibility (2 years)	



# TOGETHER AGAINST DOP



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Together against Doping - with athletes, trainers, parents, teachers, supervisors and anti-doping commissioners. Find out more on our website.

[www.nada-bonn.de](http://www.nada-bonn.de)



## Medicine

### Doctors and pharmacists as important multipliers

The remit of the Medical Department consists of scrutinizing and granting therapeutic use exemptions, answering medicine-related inquiries and supporting research projects.

Athletes, doctors and associations appreciate NADA's role as a dependable service provider. This is reflected in the stable utilization figures and medicine-related inquiries. Every day, for instance, an average of 10 people contact the Medical Department with inquiries by telephone, email or post and receive competent pharmaceutical information on substances and their possible relevance to doping. The NADAmEd online medicine information service ([www.nadamed.de](http://www.nadamed.de)) also enjoys growing popularity and, in 2011, recorded 20% more users compared to the preceding year. Since the database was launched back in mid-2008, a total of approximately 65,000 people have looked up a medicine or an active ingredient there. For smartphones, since 2011 NADAmEd can also be reached through the mobile website [www.nada-mobil.de](http://www.nada-mobil.de).

There has also been intensified communication with doctors and pharmacists, who perform an important function as multipliers through their close proximity to athletes. For example, in addition to the series of

articles currently published in the German Magazine for Sports Medicine (DZSM), the specialist journal of the German sports and preventive physicians, for the first time, NADA was at the 42nd Sports Physician Congress, held by the German Association for Sports Medicine and Prevention (DGSP), presenting an anti-doping module.

For several years now, NADA has been giving informative presentations to doctors of the German Olympic Sports Confederation (DOSB) and the National Paralympic Committee Germany (DBS), as well as the annual symposium of the doctors of the federations. For NADA, mutual feedback with the front-line protagonists is of enormous importance for its own work, as well as offering new connecting factors for progressing shared remits with WADA.

In addition, NADA's medical staff observes research work being performed in all the various fields involved. Mutual feedback with the German Association for Psychiatry, Psychotherapy and Neurology (DGPPN), for example, spotlighted results obtained from studies with psychotropic drugs that under certain preconditions may also influence physical performance. Findings of this nature are helpful and important for progressing the anti-doping work.

2011	Number of medicines inquired about	Number of persons inquiring	Inquiries from NADAmEd users
January	258	163	2,292
February	252	161	2,260
March	361	213	2,394
April	384	212	2,183
May	359	226	2,154
June	288	177	1,747
July	323	188	2,024
August	290	170	2,098
September	279	190	2,254
October	211	138	2,446
November	232	140	2,391
December	244	144	2,184
<b>Total:</b>	<b>3,481</b>	<b>2,122</b>	<b>26,427</b>
Average:	290	177	2,202





Great importance is attached to cooperation with pharmacists. Since the end of 2009, there has been a close liaison between NADA and ABDA, the Federal Union of German Associations of Pharmacists, which represents approximately 58,000 pharmacists in Germany. NADA's pharmacists organize practical advanced training events for their colleagues working in own pharmacies, and provide informative presentations for future pharmacists at the universities. The highlight of these collaborative endeavors was the shared presence at EXPOPHARM, the largest pharmaceutical trade fair in Europe. Preparations are ongoing for the joint Olympic Pharmacy in the German House during the Olympic Summer Games in London this year – analogously to the premiere at the Winter Games in Vancouver in 2010.

The staff benefits from substantive mutual feedback with the honorary Medical Commission which includes experienced sports physicians in addition to the directors of the two WADA accredited laboratories in Germany. The body discusses current research findings and, for example, progresses the development of application and diagnostic criteria. It meets twice a year, and exchanges information all year round, not least with reputable experts from the fields of medical and analytical research.



*NADA informs pharmacists at the EXPOPHARM (Photo: NADA)*

This includes mutual feedback with the laboratories. At last year's Lab Directors' Meeting of WADA, organized by the colleagues from Kreischa near Dresden, the German laboratories reaffirmed their leading role in this context. In the Center for Preventive Doping Research at the German Sports University in Cologne, moreover, the first European observation department, tasked with early detection of methods and medicines amenable to abuse for purposes of doping, was set up in mid-2011. Headed by Prof. Dr. Mario Thevis, the specialists working there come from the fields of molecular biology, pharmaceuticals, analytical chemistry, and medicine. The aim is to reveal a possible relevance of new and not-yet-approved pharmaceutical products to doping at an early stage.

Designation	Abbreviation	Number
Therapeutic Use Exemption (chronic diseases)	TUEs	128
Asthma TUEs, retroactive asthma TUEs or pre-screening concerning Beta-2 agonists for inhalation	B TUEs	54
Voluntary, non-stipulated medicine notifications on the inhalation of Salbutamol and Salmeterol as well as for non-systemically administered glucocorticoids (orthopedic/inhalative)	MM	424
Other*		447
<b>Total</b>		<b>1,053</b>

Commission Medicine:  
 Chair: Dr. med. Sebastian Thormann  
 Prof. Dr. rer. nat. habil. Rudhard Klaus Müller  
 Dr. med. Bernd Dörr  
 PD Dr. med. Brigit Friedmann-Bette  
 Prof. Dr. med. Tim Meyer  
 Prof. Dr. rer. nat. Wilhelm Schänzer  
 Prof. Dr. med. Holger Schmitt  
 Dr. rer. nat. Detlef Thieme  
 Prof. Dr. med. Axel Urhausen  
 PD. Dr. med. Bernd Wolfarth  
 Dr. med. Wilfried Wolfarten

\* Others can, for example, be: approvals granted by other organizations, medical certificates, permissible medicines, emergency treatments or OP reports, etc.

## Prevention

### Together against doping - with athletes and their environment

Together against doping – this is the motto governing all of NADA's preventive activities. All target groups are involved: athletes, trainers, parents, teachers, anti-doping officers and support staff. The work focuses on education and raising awareness for the doping problem.



*Educating athletes. (Photo: NADA)*

The e-learning platform first came into operation for the participants in the European Youth Olympic Festival (EYOF), in collaboration with the German Olympic Sports Confederation (DOSB). By the beginning of 2012, around 2,200 young athletes and 220 trainers had used the e-learning platform. Approximately 60% of all users had completed the entire course at the end of 2011, and received a certificate. The course includes among other things NADA's doping test film, which is also visible on NADA's website independently of the e-learning context. This alliance with the DOSB is continued in 2012. The German participants in the first Youth Olympic Winter Games were educated on doping using the e-learning platform. NADA also offers top-level sport federations to integrate the platform in their training programs.

Young athletes, as one of the most important target groups for prevention, merit particular attention. Well-established projects for this target group include the intra-school seminars, not least at the elite schools of sport: these constitute an ideal foundation for communicating knowledge, as well as an opportunity

to discuss these matters with experts and top-level athletes. In 2011, 15 events were organized in coordination with NADA in which the pupils gave presentations, held group discussions, and, in this way, engaged intensively with the issue. Moreover, 20 top-level and specialized federations were supported



*NADA information booth in action. (Photo: NADA)*

by individual seminars at prevention-themed events for young athletes. For innovations incorporate in ADAMS system, instructional events for top-level athletes were held at the Olympic Training Centres.

NADA's information booth is well-received: it was on the spot at 22 sporting events reaching several thousands of young athletes at the finals. The design of the youth website [www.highfive.de](http://www.highfive.de) has been revamped. Together with the youth brochure, both aims to provide educational insights for young athletes. The portal's popularity is reflected in the large number of hits, totaling 62,232 in the period from January to October 2011.

The athletes' parents are important target groups for NADA's preventive work. 300 parents gained valuable insight in direct contacts in events at the Olympic Training Centers. Numerous parents used the parents' brochure in 2011.

Sales of the trainer's manual soared in 2011. It is used, for example, in the degree program of the DOSB's





Trainers' Academy in Cologne. NADA developed this book with the support of Baden-Württemberg state government, incorporating valuable tips for everyday training routines. The book can also be viewed online on the trainer platform: [www.trainer-plattform.de](http://www.trainer-plattform.de). NADA received plenty of positive feedback for its trainer events from the top-level sport federations, the state sport federations and the specialized state federations. NADA's collaboration with the Trainers' Academy successfully progressed in 2011.

Support and advanced training for teachers at the elite schools of sports and schools with a major focus on sports are further important building blocks in an effective prevention concept. In conjunction with the "Translating Doping" project, the German Federal Institute for Political Education, and the German Federal Institute for Sport Science, since 2011 NADA has been developing teaching materials for different school systems and curriculum subjects.

In 2011, NADAmEd, the medicine database was integrated into the mobile website [www.nada-mobil.de](http://www.nada-mobil.de). Around 2,500 users per month are currently making use of this option. Additionally the planning for an App has been initiated.

Once a year NADA co-organises a multi-day congress with partners such as the federal agency for civic education (bpb). The congress 2011 under the title "Clean Power? Doping in sports and society" in the German Hygien Museum in Dresden was concerned with the optimization of training, meaning and limits of controls as well as pharmaceuticals.

## National Doping Prevention Plan

Since 2010, NADA has been functioning as an agency for the National Doping Prevention Plan, in conjunction with the German Federal Ministry of the Interior (BMI), the Sports Ministers' Conference (SMK), the German Olympic Sports Confederation and the German Youth Sport Association tasked with coordinating all German prevention projects. Since then numerous projects have been submitted.

Commission Prevention:  
Chair: Dietmar Hiersemann  
Thomas Behr  
Regina Philipp  
Dr. Franz-Josef Kemper  
Dr. med. Astrid Offer  
Helga Holz  
Michael Sauer  
Martin Schönwand  
Dr. Thorsten Schulz  
Ulrich Striegel  
Henning Schreiber  
Prof. Dr. Pia-Maria Wippert  
Gast: Prof. Dr. Lutz Nordmann



*NADA informs trainers.  
(Photo: LSB NRW/Andrea Bowinkelmann)*

## Communication and Marketing

### The core message is: Together against Doping

Together against doping – this is the core message of all communication programs undertaken by NADA. And it is also the name of the newly developed campaign supported by great names in German sport. “I want a clean and fair sport, so this is why I am supporting NADA’s work”, says Frank Wieneke, judoka and Olympic champion. He has many years of experience as German national trainer and acts as a multiplier in top-level sports thanks to his role as an advisor to the Cologne Trainer Academy run by the German Olympic Sports Confederation. So, in this way, Wieneke is an ambassador for NADA. This is also true of the three-times Olympic gold medallist Andreas Dittmer (canoeing), former world champion Steffi Nerius (javelin), Jonas Reckermann (beach volleyball), and other leading German athletes – most famous disabled athletes in recent years, Verena Bentele and Gerd Schönfelder. They all subscribe to a clean sport.

#### Marketing initiative

At the end of 2011, NADA fired the starter’s gun for its marketing initiative. Faced with the threat of a budget deficit as of 2013, the “three-mainstay” financing model is to be revived. After the record level of € 600,000 in sponsor receipts in 2011, no more than approx. € 400,000 is expected in 2012, with a further declining trend. To counter this effect, NADA has signed a co-operation agreement with the sports marketing agency Heimspiele in Cologne.

In 2011, the premium partners were adidas and Deutsche Telekom; Deutsche Bank, “ABDA – Federal Union of German Associations of Pharmacists” and BIONADE were also partners that supported NADA’s work. Specific projects included the prevention roadshow organized by the S20 Sponsors’ Association and its campaign “With doping, it was all for nothing”. DKB (Deutsche Kreditbank AG) supported

NADA in its annual press conference and Supervisory Board meeting in Berlin.

Companies which become NADA partners take on overall social responsibility by supporting a clean sport. “Our work is so important in relation to upholding values,” explains Dr. Andrea Gotzmann, chairperson of NADA’s Executive Board, which is why “anti-doping work is quite naturally part of sports.” The principle of sports is based on competition with specified rules. Doping plays havoc with this principle and damages sports. This is what NADA is fighting to prevent.



*These athletes want a clean and fair sport:  
Steffi Nerius (top)  
(Photo: DKB/Iris Hensel)  
& Frank Wieneke (bottom)*

#### Dialogue with representatives of the media

As part of the restructuring of NADA carried out at the beginning of 2011, communication and PR work was upgraded to a service department. Its primary assignment is communication with representatives of the media. Apart from answering daily enquiries by email and telephone, the press office organizes an annual workshop for journalists. In 2011, ARD, ZDF and most of the German media enterprises

came to learn about the current status of the fight against doping. 75 workshop attendees were given first-hand information on the assignments of the new Board of Directors, prevention work and the task force. Mathias Arnold, member of the joint ABDA board, explained – together with the NADA pharmacist – the preventive measures undertaken in collaboration between NADA and the umbrella organization of the some 59,000 German pharmacists. The central focus in 2012 is cooperation in the Olympic Pharmacy in London.

The final panel discussion on the subject of “273 days to go – will London see clean games?” was frank and





controversial. It was not surprising that opinions on the effectiveness of the control system and prevention measures varied between optimistic and sceptical in view of the different positions represented on the panel. Nevertheless, the ARD doping expert Hajo Seppelt agreed with Dr. Andrea Gotzmann, print journalist Harald Pistorius, and two-time Ironman Hawaii® winner Norman Stadler on the necessity of educational measures and controls.

### New: Facebook®-Page

NADA uses almost all the modern communication channels. An innovation in 2011 was the introduction of the Facebook® presence [www.facebook.com/NADA.Deutschland](http://www.facebook.com/NADA.Deutschland). On this page information is provided on current happenings in the fight against doping and NADA initiatives, and an exchange of opinions on events and topics is encouraged.

Along with the website, the newsletter published every two months has become established as a major communication channel. In the newsletter, the Rules Corner meets with great interest, providing valuable pieces information, primarily for athletes. Updated versions of the established print products, such as the brochure entitled "I am being controlled", were also published in 2011. The website relaunch was prepared in 2011 and completed shortly after the beginning of the New Year.

*At a workshop: NADA-spokesman Berthold Mertes  
(Photo: akphotographie)*



### "Clean Work" by NADA staff

The National Anti Doping Agency Germany also regularly presents its slogan of "Clean Work" outside the office in the Heussallee in Bonn. In 2011, NADA staff took part in various company runs, wearing white jerseys with this slogan. After an away event in Cologne in June, were on home turf in the Rheinaue river meadows in Bonn. Even though NADA is principally responsible for German top-level professional sports, it also has a great interest in actively sensitizing grassroots sports to the doping problem.

## International Cooperation

### Constant exchange with WADA and ADOs

International cooperation is vital in the fight against doping. For this reason the heads of WADA and NADA met in early February for a third time in Germany this time on the occasion of the FIS world skiing championships in Garmisch-Partenkirchen, to discuss basic, current topics of the anti-doping struggle. The two organizations regularly exchange views in order to agree on joint actions against the manipulation of sports performance. Of course, they intensify their efforts when current cases, such as the incidents of UV blood treatment at the Thuringia OTC, hit the headlines.

The President of WADA, John Fahey, referred to the German Anti-Doping Agency as one of the leading organizations in the world. He based his opinion above all on the high standards with regard to testing and preventive work, and declared that this is of huge significance for one of the greatest sporting nations in the world.

Apart from the exchange of information with WADA, cooperation with other anti-doping agencies throughout the world is essential. Practitioners are faced with similar problems and can find excellent support when looking for solutions and developing their programs. For instance, at the beginning of February, in the presence of the Serbian Minister for Sport, Snežana Samardžić Marković, Marlene Klein, head of NADA's medical department was designated official advisor to the Serbian Anti-Doping Agency, ADAS. By its own account, ADAS chose NADA to be its partner in developing its activities because of NADA's leading international role in the fight against doping. Germany is profiting from this exchange because of Serbia's long experience in testing horses.

One important component of this international work is the exchange between the so called DACH and the Group of Four Countries with France. The German speaking agencies of Germany, Austria and Switzerland



*CHINA and NADA are initiating the future cooperation (Photo: NADA)*





formed an alliance under the DACH acronym for the purpose of exchanging information about, and complementing each other in regard to medical and legal topics and a joint proposal regarding the revision of the WADA-Code, international preventive measures and test planning.

At the end of the year, there was a meeting of the Group of Four Countries plus Luxembourg in Paris. The French agency, AFLD had issued invitations to discuss analytical and legal aspects of the fight against doping. The discussion focused on the possibility of cooperation between the agencies and with international sport associations. The goal was to harmonize programs – some of which have already been initiated – in the countries concerned.

On the same occasion, the medical experts of WADA, Medical Director Dr. Alan Verneq, the Manager of the

WADA blood passport program, Dr. Pierre-Edouard Sottas, and NADA in Bonn discussed the evaluation of blood profiles with the two laboratories accredited in Germany in Cologne and Dresden.

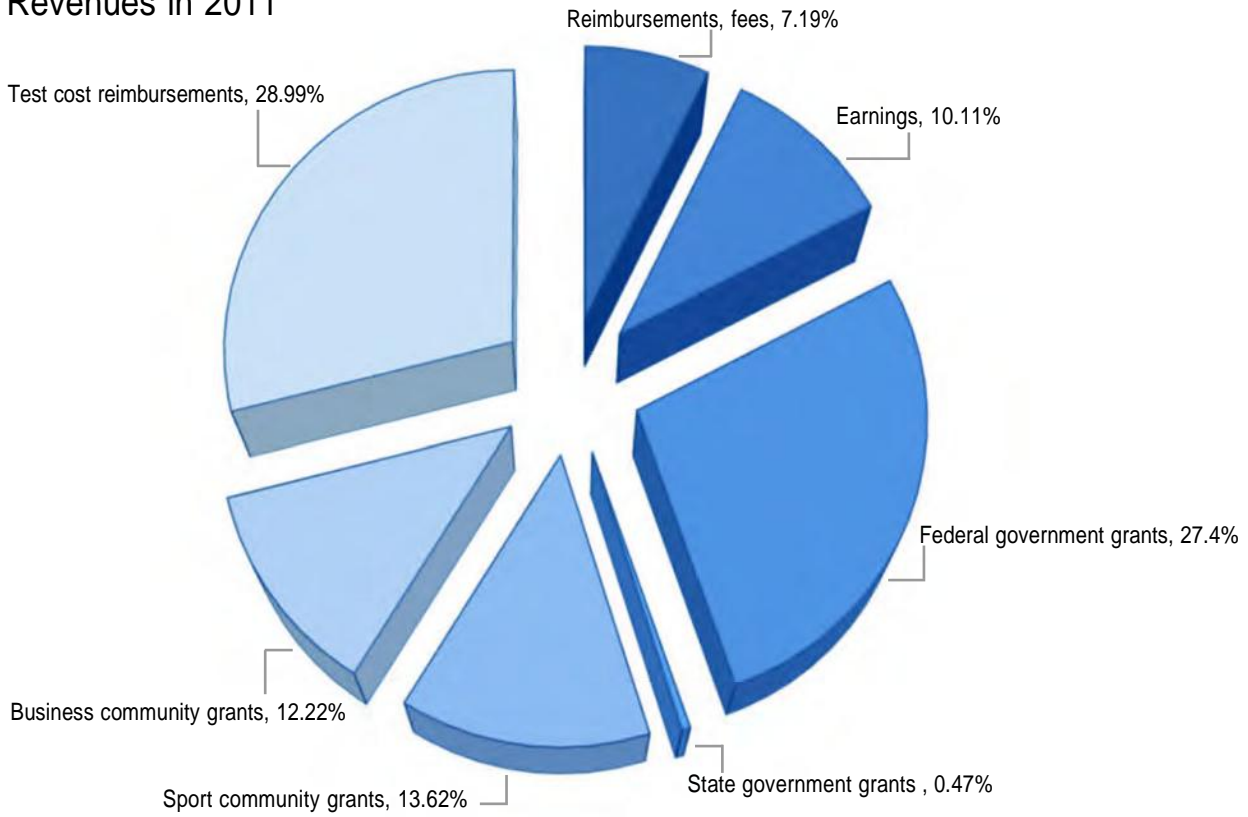
The scientific year concluded with an international symposium on proving the use of growth hormones, which the American agency, USADA, and our British colleagues in the UKAD held in London with the participation of Germany. NADA was represented by its chair woman, Dr. Andrea Gotzmann, and deepened the contact to the German representative in the WADA List Committee, Dr. Martin Bidlingmaier.



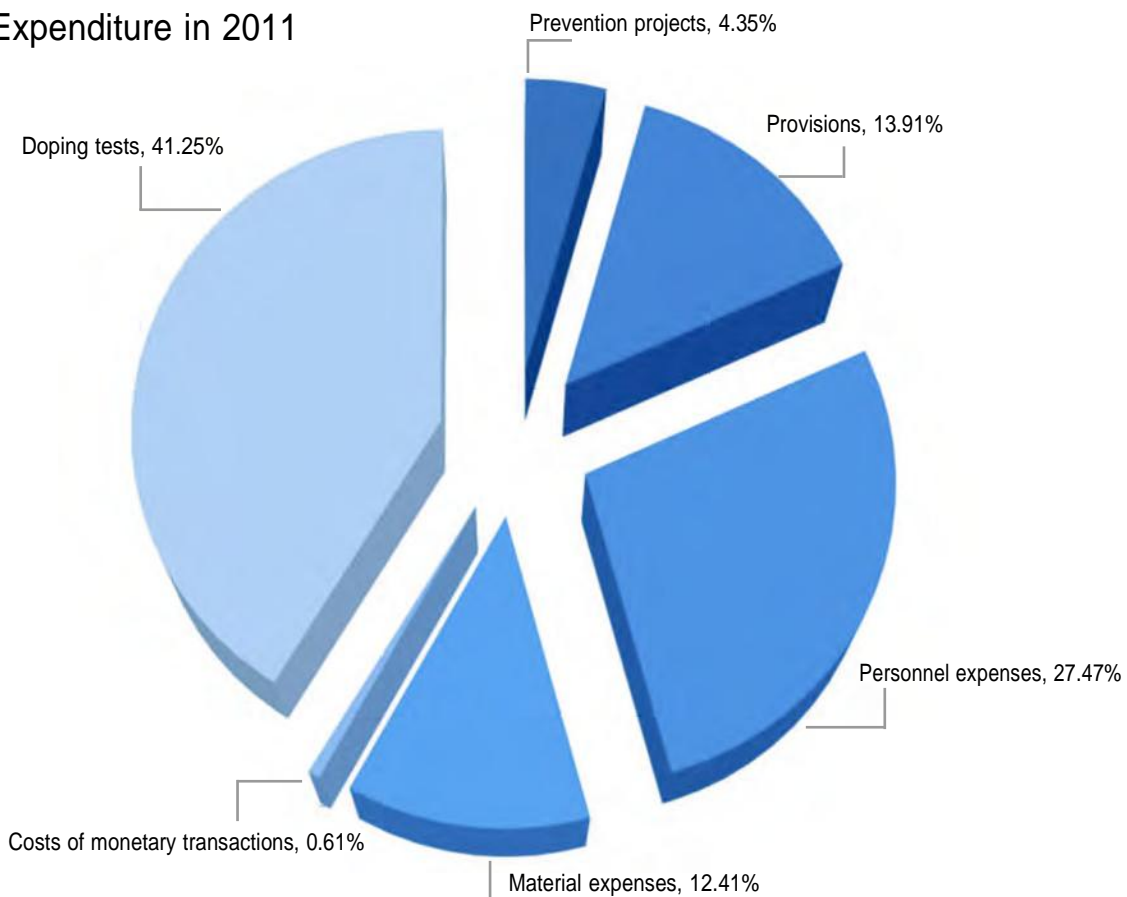
*Frédéric Donzé, head of WADAs European office, David Howman, WADA general director and Prof. Hanns Michael Hölz in discussion (Photo: NADA)*

# Human Resources, Finance and Controlling

Revenues in 2011



Expenditure in 2011





The financial situation of NADA continued to stabilize in 2011.

The increase in returns of the foundation's assets, the reduction in personnel costs as a result of positions being left vacant for periods of time, and the reduction in expenditure on testing allowed a welcome boost to NADA's reserves, which are urgently required to fund postponed projects in subsequent years and to cover possible risks of litigation.

In 2011 NADA had a total income of 5.7 million €. A further 1.9 million € channeled via NADA to the laboratories for analysing samples and research. These funds do not form part of NADA's budget. Of the total receipts in the amount of 5.7 million, one million € were endowed by the federal government and 10,000 € were endowed by the German states. These were allocated to the endowment capital and were not available for daily expenses. At the end of 2011, NADA's assets from endowments amounted to approximately 14.1 million €.

Revenues in 2011	%	A
Reimbursements, fees	7.19	336.513,-
Earnings	10.11	473.414,-
Federal government grants	27.4	1,282.735,-
State government grants	0.47	21.795,-
Sport community grants	13.62	637.444,-
Business community grants	12.22	572.500,-
Test cost reimbursements	28.99	1,357.323,-
<b>Total</b>	<b>100</b>	<b>4,681.724,-</b>
Expenditure in 2011	%	A
Prevention projects	4.35	203.290,-
Provisions	13.91	650.000,-
Personnel expenses	27.47	1,284.094,-
Material expenses	12.41	579.900,-
Costs of monetary transactions	0.61	28.530,-
Doping tests	41.25	1,928.040,-
<b>Total</b>	<b>100</b>	<b>4,673.854,-</b>

In 2011 NADA had about 4.7 million € at its disposal for its operating tasks. NADA had 30 employees in 2011, 21 of whom were full-time employees, six worked part-time and three were in marginal employment. One vacant position for the testing of horses for medicine was filled at the end of 2011.

Contrary to most other national Anti-Doping Organizations, NADA, as an independent, civil law foundation – funds itself – in compliance with its foundation constitution, not only through tax money. NADA is supported by politics, sports and the economy. The Federal Ministry of the Interior has announced that it will pay endowments for the last time in the accounting period 2012 in the sum of one million € (approx. 20% of total receipts) to support the Anti-Doping Testing Program, which is in deficit. Thus, from the accounting period 2013 onwards, NADA's modern anti-doping concept will be at risk and will in case of budget reduction suffer in international comparison.

On 28 February 2012 the Federal Minister of the Interior, Dr. Hans-Peter Friedrich invited the federal states and the industry to give NADA greater support at a "round table on financing NADA". The participants from the federal states, sport, industry and the sports committee of the German Federal Parliament were united in their conviction that a strong, independent NADA is needed. It remains to be seen whether the appeal by Minister of the Interior, Dr. Friedrich, who was particularly asking the industry and the federal states to be more generous with their financial support, will be successful.

## Report by the Data Protection Officer

The discussion about the appropriate protection of data relating to the fight against doping in sports continued in 2011 on both a national and an international level. It included discussions with WADA, the responsible committees of the Council of Europe, the representatives of the data protection supervisory authorities, and representatives of the athletes. Finally, in October 2011, the Sports Committee of the German Federal Parliament considered the question of the legal protection of athletes' personal rights when their details are processed for the purposes of the fight against doping.

On an international level, the continuing disputes about more, or more effective, data protection caused the Executive Committee of WADA to adopt a resolution on an addendum to the International Standard for the Protection of Privacy and Personal Information which stipulates exact rules regarding the period of time for which data are retained, and the destruction of the categories of data listed there. The data relate inter alia to biographical details of athletes, information about the whereabouts of the people concerned, therapeutic use exemptions and the athlete biological passport. The period of retention is basically divided into two categories, on the one hand 18 months, and on the other, up to 8 years. In this, WADA is taking up a proposal from the Council of Europe. NADA has prepared a German version of the proposal by the Council of Europe, which also takes the conditions laid down by the Federal Data Protection Act (BDSG) into account. The new regulations will be implemented at NADA in terms of both organization and information technology as soon as the competent data protection supervisory authority has received a positive reaction.

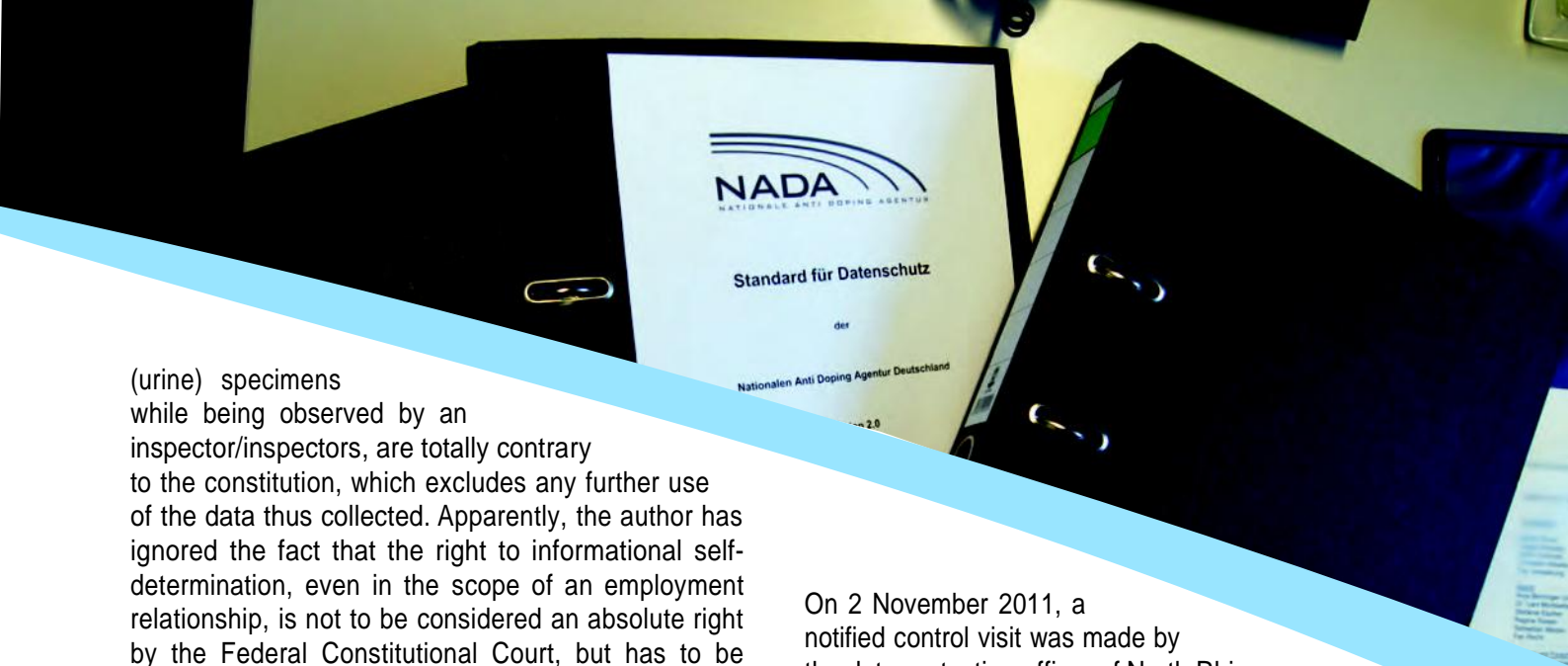
In June 2011, WADA put forward to the users of the ADAMS system, that include NADA, a variety of proposals on how to increase the efficiency of the database. One of the proposals was that, in future, all the test results of doping analyses should be entered into ADAMS directly by WADA accredited laboratories. Data would be rendered anonymous for transfer, so that, to that extent, there are no concerns regarding data protection. New functionalities now require that the ADAMS agreement between WADA and the various national anti-doping organizations be revised. Overall the WADA-NADA Adams User Agreement of 2011 must be viewed positively with regard to the Data Protection Act; for the main principles of data protection, such as the principle of proportionality, the need-to-know principle and the principle of confidentiality of data are set out in a transparent fashion. NADA therefore signed the agreement in

autumn of 2011, and the agreement was then applied in ADAMS Version 3.0. The new regulation is to be subject to continuous evaluation.

In the year under review, six petitions from athletes or other persons were received by NADA applying for information under the Data Protection Act and partly also the deletion of stored data under §§ 34, 35 BDSG. The applications were processed by the external Data Protection Officer of NADA in compliance with legal data protection control. All the petitioners received information. If the persons concerned had applied for deletion of their data, they had to be advised that, according to the conditions of WADA or NADA Codes, deletion is not possible until the expiry of certain storage periods (up to 8 years), even if an athlete had already terminated his or her career. This is a consequence of the limitation period under Article 17 NADC, which is 8 years from the time of a possible doping violation. NADA has no discretionary room for manoeuvre here.

On the national level, negotiations continued with representatives of the data protection officers of North Rhine-Westphalia (NRW) and Rhineland Palatinate on legal questions of data protection in the fight against doping, particularly in connection with the use of the ADAMS database system; in this the Federal Ministry of the Interior also took part. Furthermore, there was an exchange of views with representatives of players' organizations (unions). In general, the athletes' representatives expressed major reservations regarding doping control practice, questioning its efficiency and appropriateness in the light of statistical analysis. For its part, NADA declared that it understood some of the athletes' worries. NADA is therefore supporting the appointment of an independent ombudsman, external to NADA, as the person athletes should contact. The ombudsman would be responsible for legal issues of data protection in the fight against doping. The athletes' representatives were generally interested in this proposal. Other points were the subject of joint discussion. NADA's discussions with athletes' representatives will be continued in 2012.

In September 2011, an expert legal opinion was presented at a press conference on behalf of one of the above mentioned players' organizations. The purpose of this was to evaluate the reporting and testing obligations within the framework of anti-doping programs in the light of the Data Protection Act. On behalf of his clients the expert came to the conclusion that cornerstones of current doping control, above all unannounced control visits and taking



(urine) specimens while being observed by an inspector/inspectors, are totally contrary to the constitution, which excludes any further use of the data thus collected. Apparently, the author has ignored the fact that the right to informational self-determination, even in the scope of an employment relationship, is not to be considered an absolute right by the Federal Constitutional Court, but has to be balanced against other legally protected interests. The final conclusion of the experts, that the legislator should create legal bases in compliance with the constitution for the collection, processing and use of athletes' data in the fight against doping, is even more surprising, even though the Federal Republic of Germany committed to observing the WADA Code years ago under international law. A legal prohibition of the main principles of the international struggle against doping with reference to human dignity (Art. 1 part. 1 constitution) would lead to the exclusion of top German athletes from international competition.

In the year under review, NADA was once more in an ongoing dialogue with the data protection supervisory authorities of the federal states, particularly of the data protection officer of North Rhine-Westfalia. Agreement was reached on the following points:

- Improved legal protection of a person's personal rights in the performance of doping tests on young athletes up to completion of the 16th year of age.
- Appointment of an ombudsman for data protection and general questions regarding the implementation of the conditions imposed by WADA and NADA in the fight against doping.

Once an agreement had been reached with respect to the responsibilities and job profile of an independent ombudsman, the search began for a suitable candidate and, by the end of the year, was still not successfully concluded. These efforts are continuing in 2012.

In the second half of 2011, problems of technical data protection, that is, measures to ensure the security of data (§ 9 Federal Data Protection Act) were on the agenda of data protection law. NADA instructed an (external) IT expert, to prepare a security plan among other things. His first task was to prepare a network plan, that is, a visualization of the available information and communications technology at NADA.

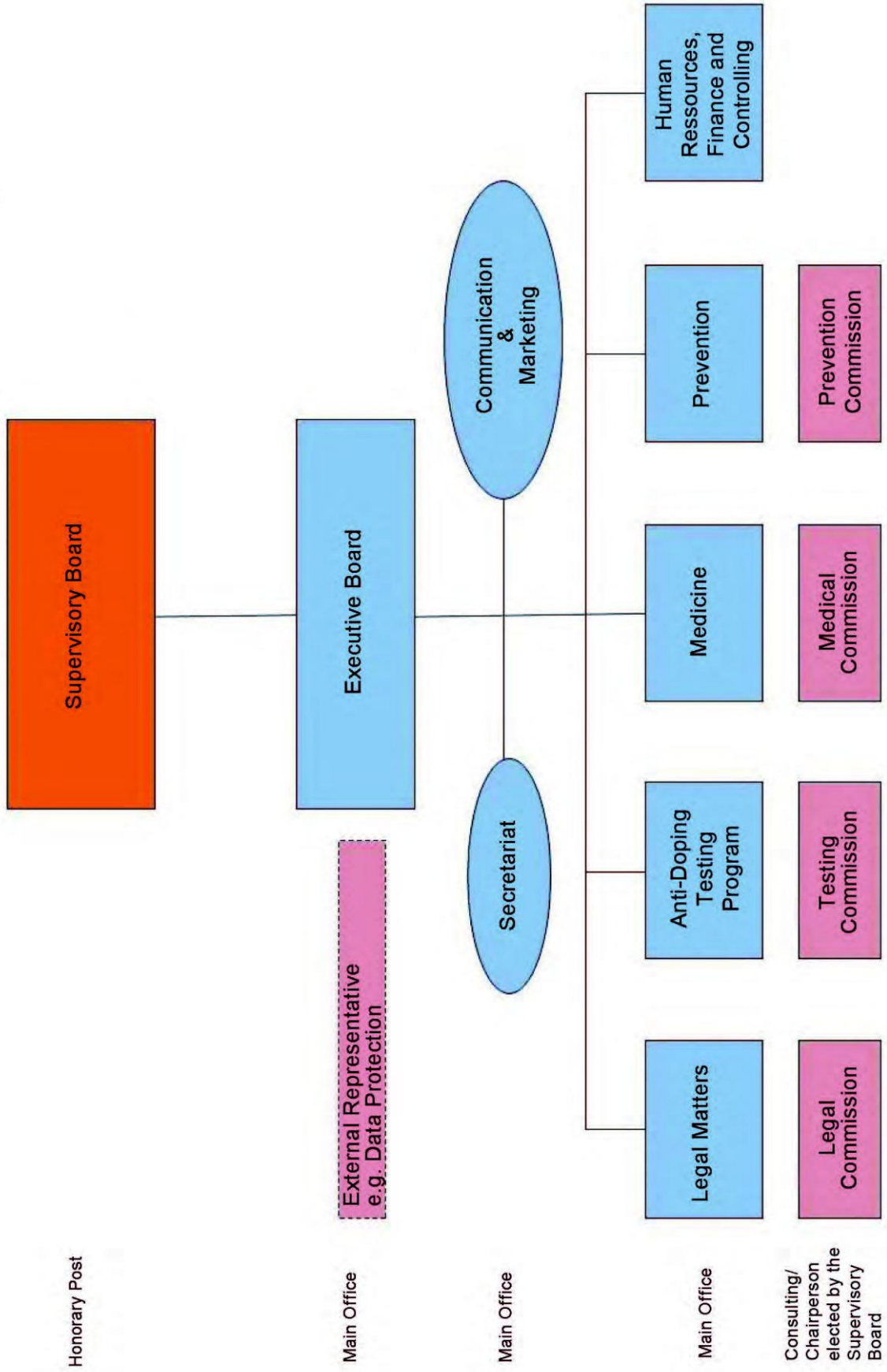
On 2 November 2011, a notified control visit was made by the data protection officer of North Rhine-Westfalia with the participation of IT experts, with the intention of comprehensively taking stock of IT security and other problem areas of data processing at NADA. Subsequently, the data protection officer of North Rhine-Westfalia requested NADA to take immediate measures and set a deadline of 20.12.2011. Within the limitations of its personnel and technical capacities, the NADA forwarded all the requested documents and information to the data protection officer of North Rhine-Westfalia by the deadline. At the end of 2011 a concluding reaction, in particular to the security plan, had still not been received from the supervisory authority.

Finally, it should be noted that the deficits in respect of the WADA Code or the ADAMS system that have been the subject of complaints by the supervisory authorities and some athletic associations for years, cannot be resolved in isolation at the national level. A coordinated approach is required, at least between the EU states and the NADOs in those states, to push through European data protection achievements as far as possible in the scope of the pending revision of the WADA Code.

Dr. Wolfgang von Pommer Esche  
External Data Protection Officer of NADA



# NADA Chart







## Armin Baumert is awarded Federal Cross of Merit

Armin Baumert is a man of sports through and through. For many years, he held responsible honorary posts for NADA and for sports associations and clubs. In recognition of his work, the 69-year old former Executive Director of Competitive Sport at the German Sports Federation (1995 to 2004) was awarded the Cross of the Order of Merit of the Federal Republic of Germany by Kurt Beck, the premier of Rhineland-Palatinate, on Monday in Mainz.

Baumert was the honorary chairman of the Executive Board of NADA from January 2007 until March 2011. When there was a staffing shortage, he also took on responsibility as the managing director in the Heussallee in Bonn for several months in 2007. In the course of the restructuring of NADA, which included the appointment of a full-time board in March 2011, he surrendered his chairmanship. But he still contributes his expertise, gathered in 40 years of commitment to sport and its controlling bodies, to the Anti-Doping Testing Program and the NADA Supervisory Board – this being, of course, on an honorary basis, too.

In Mainz, Baumert said that he was “inwardly very moved and very proud.” He saw his award as being closely associated with his long-term commitment to NADA and thus by no means only his personal reward. “I also see it as recognition for all those who were and are at my side at NADA.” Prof. Hanns Michael Hölz, chairperson of the NADA Supervisory Board, praised Baumert’s achievements with the words: “His dedication to equal opportunity, fairness and a clean sport is exemplary.”

Long before making a decisive contribution to the development of NADA, Baumert began his honorary work as a trainer and board member of TuS Mayen (1971-1984), of USC Mainz (1981-1987), of SCC Berlin (1987-1995) and of HSC Gamlen (2005-2009); an exemplary path after a successful career as an athlete. As president of the judging panel, Baumert was responsible from 1996 to 2006 for the awarding of the “Green Ribbon for Outstanding Promotion of Talent in Clubs”.

Representing Bayer Leverkusen, Baumert was an eleven-time German athletics champion. One of the highlights of his career was reaching second place in the first European Indoor Championships in 1966, when he set a new German indoor record of 7.79 m in long jump. Born in Silesia, he started his professional career as a high-school teacher in the small Eifel town of Mayen, after graduating from the German Sports University in Cologne. Then, as the leading state trainer of the Berlin Athletics Association (1976-1978), advisor for competitive sports and sports science with the Rhineland-Palatinate State Sports Federation in Mainz (until 1987), Head of the Olympic Training Centre in Berlin (until 1995) and Executive Director of Competitive Sport at the German Sports Federation in Frankfurt/Main (until 2004), he turned his great passion into his profession.





## Prof. Näder new chairperson of NADA's supervisory board

At the end of April Prof. Hans Georg Näder replaced the long-standing chairperson of the Supervisory Board Prof. Hanns Michael Hölz. The 50-year-old is managing partner of Otto Bock HealthCare GmbH, which is involved in disabled sports since 2005 as “worldwide partner of the paralympic movement”. “As active offshore sailor and decades-long member of the global paralympic family “clean sports” is part of my culture,” said Näder after he was elected by NADA's Supervisory Board in Bonn for five years. NADA's chairperson of the Executive Board Dr. Andrea Gotzmann, commented: “Due to his multifaceted social engagements Prof. Näder most credible represents the core values of NADA.”

“I cannot imagine a better successor as chairman as Prof. Näder His years of experience in supporting and promoting paralympic sports will contribute to the further strengthening of NADA as a competence center in the anti-doping fight, “said Hölz, who – as conjointly decided with NADA's bodies last fall – resigned from office to take over the position as chairman of the German Snowboard Association.

First official act was the awarding of the retired chairman, Prof. Hanns Michael Hölz, with the NADA crystal for his contribution in the fight against doping. Hölz accompanied NADA since 2005, initially as chairman of the Board of Trustees and since March 2011 as chairman of the Supervisory Board. The Board thanked Hölz for his excellent governance and his responsible acting for a clean sport. His outstanding commitment lead NADA to an international “benchmark” in the sense of the World Anti-Doping Agency (WADA) in recent years.



*New chairperson of NADA's supervisory board Prof. Näder (Foto: Otto Bock)*

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